

Leggi ebook Pure Soapmaking: How to Create Nourishing, Natural Skin Care Soaps

By Anne-Marie Faiola



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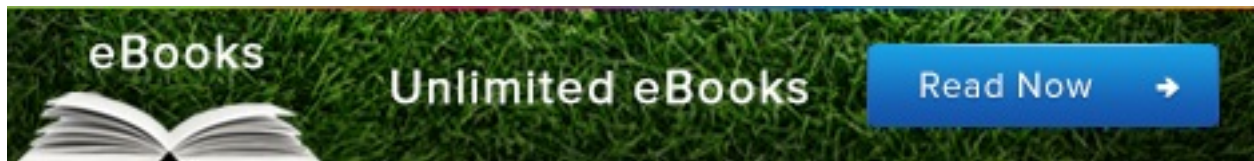


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The pure luxury of soaps made with coconut butter, almond oil, aloe vera, oatmeal, and green tea is one of life's little pleasures. And with the help of author Anne-Marie Faiola, it's easy to make luscious, all-natural soaps right in your own kitchen. This collection of 32 recipes ranges from simple castile bars to intricate swirls, embeds, and marbled and layered looks. Begin with a combination of skin-nourishing oils and then add blueberry puree, dandelion-infused water, almond milk, coffee grounds, mango and avocado butters, black tea, or other delicious ingredients -- and then scent your soap with pure essential oils. Step-by-step photography guides you through every stage of cold-process soapmaking.

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